



Discover a new favourite adventure



August is fast-approaching with adventures for those interested in exploring and learning more about Alberta's wild places and the challenges they face. The mountains are the place to be as summer heats up (and the snow finally melts from the alpine!) and our August adventures feature hikes into some spectacular locations along their eastern slopes.

Heinz Unger will have two adventures into the Ghost Wilderness -- an area close to his heart, and where he has done a significant amount of work with the Ghost Watershed Alliance Society. The first adventure will explore the importance of our watersheds, with a hike up a lush valley to the headwaters of [Meadow Creek](#). The second, up [Black Rock Mountain](#), will afford hikers a panoramic view of the valley and surrounding peaks, as well as the opportunity to explore the area burned by the 2020 wildfire and see first-hand the process of forest regeneration. We hope you will join us for one (or both!) of these fantastic adventures.

Also, if you were unable to join Chris Saunders on last weekend's hike to Tryst Lake there is good news for you! The exceptionally large snow pack this year has meant that this adventure has been postponed until August 6. There are only a handful of spaces available so [register today](#) for a chance to see this gem of a mountain lake.

Happy Adventuring
-The A4W Team

Be sure to follow this adventure on [Twitter](#) and [Instagram](#) @adventures4wild.

We still want to hear about your adventure! Call or [email us](#) to use your next adventure to fundraise for a great cause. If you have questions, or an idea for the kind of adventure where you share your unique skills with others please contact our office at 403-283-2025 or a4w@abwild.ca.

Tryst Lake Hiking Adventure

*****NEW DATE***** August 6, 2022 -
With Chris Saunders. This is a one day hike to one of the most beautiful lakes in Alberta and a chance to learn about this magnificent wilderness area. The views are spectacular and the alpine flowers should be beautiful. It is also a chance learn about the geography and plant life of the area.
This is the rescheduling of the *Rae Glacier* hike, originally to be held at the end of October 2021, which had to be postponed on the account of weather. If you were registered on the October hike, you are automatically registered in this one. If you weren't but would like to come along, we have more spaces, so please sign up!



[Mountain magic](#)

Brentwood Biodiversity Bees

Every Tuesday evening until August 30 - Please join us for a season of social stewardship through Biodiversity Conservation in the Centennial Natureground and Whispering Woods – tucked away in a corner of Brentwood, in northwest Calgary.



[Socialize and do some good](#)

Hiking into the Headwaters of Meadow Creek

August 17, 2022 - Join Heinz and Chris Unger for a day-long hike among the remote and a beautiful upper reach of Meadow Creek in the Ghost Wilderness area. These headwaters encompass an extensive set of wetlands with some new beaver dams. The views of nearby Black Rock Mountain and Devil's Head are amazing



[Explore our headwaters](#)

Hiking Black Rock Mountain

August 21, 2022 - with Heinz and



Chris Unger. As a former fire lookout, Black Rock Mountain offers amazing views into the high Rockies and Banff NP, as well as out east into the foothills and all the way to Calgary. The hike is relatively short in distance and low in effort considering the rewards. The hike also leads through a pine & spruce forest that burned during the 2020 Ghost Wildfire; it offers an opportunity to see how natural regrowth is progressing after two years.

[Views for days!](#)



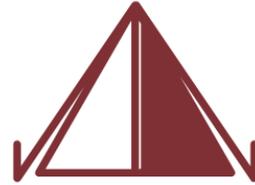
Orphan Oil and Gas Wells and Foothills Geology

August 27, 2022 - Tako Koning. Come along on day-long road trip beginning at Frank Lake, near High River, which is a shallow water slough where hundreds of bird species have been identified. The trip will continue south and west, through interesting geological features and the site of an orphan gas well assigned to the Orphan Well Association for abandonment and site remediation, as well as currently producing sites. Discuss issues related to future wells abandonment and wellsites environmental remediation with a retired geologist.

[An educational trip through a beautiful landscape](#)

What is Adventures for Wilderness?

Adventures for Wilderness is AWA's annual program to engage Albertans in wilderness conservation. We believe an Adventure can be anything from climbing a mountain, to walking by the river, to enjoying the beauty of nature in your own backyard! Visit our website to learn about the Adventures this season and how you can support Alberta Wilderness Association.



[Learn more](#)



We live and work across the traditional lands of the First Nations and Métis peoples of Alberta, including Treaties 4, 6, 7, 8 and 10. We express gratitude and respect for these lands and commit to advancing reconciliation with Indigenous peoples to ensure justice, equality, and sustainability for all people and the natural world we rely on.

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