



Donate to this epic family adventure!



We thought it wasn't going to happen. Again. Last year 6 inches of snow on the day we were supposed to put in stymied our river trip. The year before it was a debilitating back injury. This year, it was only early this week that we finally got

the OK from US Customs that we would be able to cross the border. But finally, gear is being packed, meal plans are being made and Saturday afternoon myself, Karina, Kyle and our paddling pals Cheryl and Lorne will put in for our Adventure for Wilderness -- a 100 kilometre, 7 day float down the Milk River in Southern Alberta.

There is something extra special about a prairie river. The big, dramatic skies, the smell of warmed sage, the burbling song of sparrows and meadowlarks, and the gentle rock of your boat as you paddle leisurely down a meandering ribbon of water is an experience you can't get anywhere else. And it's an experience under threat. Climate change and the over-allocation of water licenses are putting the health of our prairie rivers at risk. That's why I am using this Adventure for Wilderness to raise funds for the Alberta Wilderness Association to support all the work they do to protect special areas like the Milk River Canyon and so many other wild places in our province.

[Please sponsor this adventure!](#) My hope is that, because of the dedicated work by the AWA and others in the province, my daughter will still be able to do this trip when she is my age and the land and waters will still rock her with the age-old rhythms that they have for years before we came to this place. I am already a third of the way to my goal of \$4,000, but I need your help to reach it!

For more information visit: [Milk River Canoe Adventure \(adventuresforwilderness.ca\)](http://adventuresforwilderness.ca)

I'll be posting stories about my adventure to our social media feed so please follow Adventures for Wilderness @adventures4wild on Instagram and Twitter and @AdventuresforWilderness on Facebook.

*Thanks for your support!
Lindsey Wallis (and Karina and Kyle!)*



Get out of the house and



find YOUR adventure!

There are lots of adventures coming up, and I'm sure (at least!) one will suit you. Next weekend there are **THREE** exciting adventures, and lots more coming throughout the summer. June 25 join Heinz Unger for the chance to explore a little-visited coulee in southeastern Alberta. White Rock Coulee is a magical place with unique topography and an array of incredible flora and fauna. Don't miss out, this one is sure to fill up.

[White Rock Coulee Adventure](#)

Or choose from a hike with your pooch at [Jumpingpound & Hounds](#) or the chance to hike with master storyteller Kevin Van Tighem on [A Changing Wilderness – Hiking Banff's Cascade Valley](#) (only 1 spot left!)



Kid's Citizen Science (June): linnii "Bison" with Christyann and Alvin

June 18, 2022 - "*linnii*" (which you may know as Bison) is the sixth and final Adventure being offered in the Kids' Citizen Science Adventure series for 2022. Our June adventure is about linnii. We often refer to linnii as bison or buffalo and for this Adventure we are calling them linnii. Once almost completely gone, we will learn about bringing linnii back to the land in Alberta. Your kit for this Adventure includes a book bag, a

wonderful story book, and a beading craft.

[Last chance to join this adventure!](#)

Discover 450 Million Year Old Fossils!

June 18, 2022 - With Tako Koning - This is a half day urban field trip where we will look at buildings clad in fossils-rich limestones of the Tyndall Formation which is quarried at Tyndall, Manitoba. The field trip begins downtown Calgary and we will drive to Kensington and finally SAIT where a wide variety of fossils (corals, sponges, nautiloids, algae, pelecypods, brachiopods) are exquisitely preserved in the limestone of the Senator Patrick Burns building. This field trip is family friendly, kids are welcome!



[Don't miss it!](#)

Jumpingpound and Hounds

Calling all lovers of mountains, wildflowers, hikes, and dogs! Join us for a moderate trek up Jumpingpound Summit in Kananaskis. Dogs (on a leash), children, and adults who are children-at-heart are all invited to enjoy the woods, wildflowers, summit views, and company on this favourite



jaunt. Prizes for the adventure's cutest four-legged participant!

[Join the pooch patrol](#)



Hiking White Rock Coulee

June 25, 2022 - With Heinz and Kris Unger. Join us on a unique opportunity to access and see a remote, rarely visited Provincial Natural Area, with beautiful rock formations. A trip to Medicine Hat in the spring, probably with an over night stay, is an extra bonus. The hike leads down one branch of the White Rock coulee, then along the South Saskatchewan River across from the Suffield National Wildlife Area and back up through a different coulee. We will return to the vehicles hiking across the prairie.

[Coulee Hiking to Reveal Nature's Treasures](#)

Tryst Lake Hiking Adventure

July 12, 2022 - With Chris Saunders. This is a one day hike to one of the most beautiful lakes in Alberta and a chance to learn about this magnificent wilderness area. The views are spectacular and the alpine flowers should be beautiful. It is also a chance learn about the geography and plant life of the area. This is the rescheduling of the *Rae Glacier* hike, originally to be held at the end of October 2021, which had to be postponed on the account of weather. If you were registered on the October hike, you are automatically registered in this one. If you weren't but would like to come along, we have more spaces, so please sign up!



[Mountain magic](#)

Hiking into the Headwaters of Meadow Creek

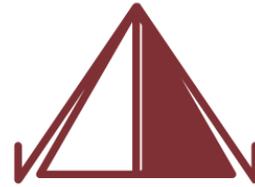
August 17, 2022 - Join Heinz and Chris Unger for a day-long hike among the remote and a beautiful upper reach of Meadow Creek in the Ghost Wilderness area. These headwaters encompass an extensive set of wetlands with some new beaver dams. The views of nearby Black Rock Mountain and Devil's Head are amazing



[Discover your new favourite hike](#)

What is Adventures for Wilderness?

Adventures for Wilderness is AWA's annual program to engage Albertans in wilderness conservation. We believe an Adventure can be anything from climbing a mountain, to walking by the river, to enjoying the beauty of nature in your own backyard! Visit our website to learn about the Adventures this season and how you can support Alberta Wilderness Association.



[Learn more](#)



We live and work across the traditional lands of the First Nations and Métis peoples of Alberta, including Treaties 4, 6, 7, 8 and 10. We express gratitude and respect for these lands and commit to advancing reconciliation with Indigenous peoples to ensure justice, equality, and sustainability for all people and the natural world we rely on.

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