



The spring snowfall has us anxious to see pussy willows
and blackbirds in the cattails!
Hope you will join us on one of these great outings!



Hi! I'm Lindsey, and I've been posting on our social media for Adventures for Wilderness.

We hope you will help!

We are trying to grow our followers! Our goal is to reach 500 followers on our Instagram by May 1. If we do there will be a special contest that will run on our

Instagram account. Please head to [@adventures4wild](#) to give us a follow and then tell all your friends to do the same! We would also love for you to give us a follow on [Twitter](#) and [Facebook](#).

We love sharing our adventures in Alberta's wild spaces and we want to see what you're up to too, so don't forget to tag [@adventures4wild](#) in your posts about your adventures in the wild places around our province.

Lastly, I've organized two upcoming adventures. One is the [Family Outdoor Adventure](#) in Fish Creek on May 7 where you can bring your family and practice some important outdoor skills, as well as playing lots of games and learning about some of the local critters we might see in our backyard. The other is the [May Mum Day Challenge](#), where I am inviting mums to take a day in May to enjoy Alberta's wild spaces on their own or with friends, raise money for the AWA and share their adventures to social media.

You can register for the adventure or [sponsor me](#) as I climb for 24 hours straight at the end of the month!

I look forward to seeing you out on the trails and on our social networks!



Climb for Wilderness is Back!

April 23, 2022 - Join us as we climb and descend outdoor staircases and cycle between the staircase locations on a pleasant route involving quiet streets and pathways.

This is a great event to do as a family and will take approximately 2 hours. It is suitable for participants of 12 years old and over. There is some great fundraising happening and the prize for the top fundraising is an amazing pair of running shoes from



Gord's Running Store and Brooks!

[Sign up soon - space is limited!](#)



Drawing Connections with Nature

May 7, 2022 - No experience necessary! Observe, connect with, and appreciate the natural world in a new, artistic way in this spring adventure!

[Enjoy a day out with Barbara Amos and Kate!](#)

Nature Challenge 2022!

April 30 and May 1, 2022 - Learn all about citizen science while also exploring two excellent natural areas. This adventure is done in partnership with the [City Nature Challenge 2022](#). You will learn how to use your phones to identify native flora and fauna while enjoying a spectacular nature walk. *This adventure takes place over two days, in two locations, Frank Lake and Anne and Sandy Cross Conservation Area.*

[Sign up soon - the challenge is on!](#)



Kid's Citizen Science (April): Alberta Orchids With Vivian

April 23, 2022 - Join the fun and



learn about four of Alberta's native orchids. These four are ones we hope you and your family will be able to find in wild places this spring and summer.

This adventure includes a great kit delivered to your home in time for the zoom Adventure.

[Register now to receive your kit in time](#)

Outdoor Skills for Your Family!

May 7, 2022 - Days spent with our families in nature are special. We can put away our devices and connect to each other and the land that sustains us. A little knowledge about the natural world around you can make these experiences even richer. Learn how to identify common local plants animals. We will even have fun trying to identify tracks and poo (we like to call it scat) so we can discover the animals that have been on the trail before us. Families will also practice important wilderness skills, such as map reading, fire and shelter building. There will be lots of games and opportunities for everyone to gain knowledge about wilderness safety through preparation.



[Have fun and yes! You will learn to build a fire!](#)



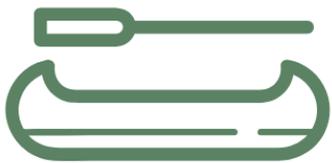
May Mum Day Challenge

Month of May, 2022 - It started as Monday Mum Day for two mums who needed a day away from kids, away from work and away from the city to recharge and reconnect with themselves and each other in nature. This year we are inviting every mum to join us over an entire month to find time to find yourself in the wild places near you, share the stoke and raise money for a great cause. And of course...THERE WILL BE PRIZES!

[Calling all Mums - its your challenge](#)

What is Adventures for Wilderness?

Adventures for Wilderness is AWA's annual program to engage Albertans in wilderness conservation. We believe an Adventure can be anything from climbing a mountain, to walking by the river, to enjoying the beauty of nature in your own backyard ([literally YOUR own backyard!](#)) Visit our website to learn about the Adventures this season and how you can support Alberta Wilderness Association.



[Learn more](#)



Copyright © 2022 Alberta Wilderness Association, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).