

### **Adventures for Everyone!**

Happy March Days everyone! We hope to see you on one of our upcoming Adventures.



Does crocus hunting appeal to you?.

We hope you will enjoy the brief notes about upcoming Adventures in this newsletter. Your help inviting others and passing along this newsletter means a great deal to all of us here as we work hard to learn more about Wild Alberta while spending time with all of you. See you on the trails -Your AWA Board of Directors, staff and volunteers!

~ ~ ~ Happy Adventuring! ~ ~ ~



### March 12: Winter Hike on the frozen Waiparous Creek in the Ghost Valley

Winter isn't over yet and there's still a chance to walk on the frozen Waiparous Creek with Heinz Unger on Saturday, March 12th at 1pm. The hike begins in the Village of Waiparous, close to the confluence with the Ghost River, and leads upstream along partially open sections of the river over ice bridges and below dramatic high banks and escarpments. The return trip is on a forest trail, and there'll be cookies, hot chocolate and mulled cider at the Unger's in nearby Benchlands right after the hike.

#### Waiparous fun with Heinz

# March 26: Alberta Native Bees with Heather

Join this Adventure Saturday, March 26th at 10 am for a fun filled hour of storytelling, learning about Alberta Native Bees and making your very own bee box. This is the third in a series of Adventures for Kid's of all ages interested in Citizen Science



## March 24: Crocus Hunt on Nose Hill

Please join me on Thursday, March 24th at 1030 am for an Adventure in memory of Margaret Main and Gus Yaki, two of AWA's dedicated volunteers. Botanist Karel Bergman and Geologist Tako Koning will be along with me to help you learn more about the natural features of this incredible urban park.

Let's save bees

#### Register to join the hunt

### April 23: Climb Stairs and Cycle for Earth Day with Chris Saunders

AWA has a long history of indoor stair climbing to celebrate Earth Day. Now the stair climbing has



moved outdoors! On Saturday, April 23rd in celebration of Earth Day and with a bit of cycling in between 12 stair cases and a total of 975 stairs is your challenge. Suitable for participants 12 years and older, you won't want to miss out on the great Family rate for sponsorship to join this Adventure. You will spend about 2 hours completing the course.

#### **Climb for Wilderness**



# June 11: Wainwright Dunes - Birds and More Tour

The Adventure on Saturday June 11 takes you on a unique hike and birding tour out amongst the grasslands and wetlands of the Wainwright Dunes Ecological Reserve northwest of Provost. This is a rare opportunity to visit a quiet protected area with someone who knows his way through the marshy bogs, over the sand dunes and through the valley of Ribstone Creek. Cliff Wallis, AWA Board member will help you spend a memorable day enjoying the diversity and natural treasures of this protected area.

Sign up for a tour of discovery

# June 18-19: Bikepacking the Cowboy Trail

This weekend-long bikepacking trip will take us from Calgary south to the Porcupine Hills along the Cowboy Trail. In this two-day adventure we will spend a day taking in the fantastic views and history of Alberta's front ranges. Then we'll camp overnight among the wildflowers of the Porcupine hills before returning to town the second day. The adventure will be led by an experienced bikepacker and we will have support on-hand to cover any eventuality.



#### Get ready for an epic ride



### June 4: Ice, Glaciers, Gravel and Oil - Cochrane North Field Trip with Tako Koning

Saturday, June 4th beginning in Cochrane Your Adventure will take you on a road trip with stops along the way to see various forms of glacial geology and a rapidly developing program of hydraulic fracking for oil in the area.

Ice, Glaciers, Gravel and Oil

June 18: Discovering 450 Million Year Old Fossils in the Tyndall Limestone, Inner City Calgary with Tako Koning



Your Saturday June 18 at 1pm Adventure will see you enjoy a half day urban field trip where you will find buildings clad in fossils - rich limestone of the Tyndall Formation quarried years ago at Tyndall, Manitoba. A family friendly walking tour hunting for fossils!

#### Fossils!



# June 25: Jumpingpound and Hounds Hike

Join Kate Vane Peris for a moderate trek up Jumpingpound Summit. Dogs (on leash), children, and adults who are children-at-heart are all invited to enjoy the woods, wildflowers, summit views, and company on this favourite jaunt!

Jumpingpound and Hounds!

### July 16: Rae Glacier

This hike will take us very close to or onto 2 small glaciers on the north side of Mount Rae in the Elbow Lake/Highwood Pass area. The first two thirds of the hike is on clear trails, the last third is on scree and is stony underfoot. The scenery in the area is spectacular.

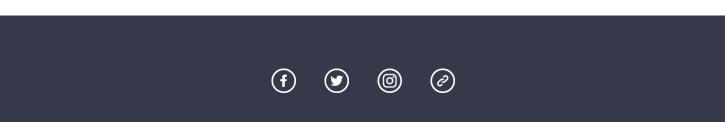


It's never too early to think about the summer

### What is Adventures for Wilderness?

Adventures for Wilderness is AWA's annual program to engage Albertans in wilderness conservation. We believe an Adventure can be anything from climbing a mountain, to walking by the river, to enjoying the beauty of nature in your own backyard (<u>literally YOUR own backyard!</u>) Visit our website to learn about the Adventures this season and how you can support Alberta Wilderness Association.





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